I Can't Help Myself

G         D 
I confess the things, I am afraid of 
C         G 
Thorns and danger just around the bend 
G         D 
I pray for tongues of fire and bands of angels 
C         G 
To come and circle ‘round me like a fence

D            F  C  D  Emi 
CH: I lift my eyes to the hills, 
C         G 
where comes my help?

D            F  C  D  Emi 
I lift my hands, empty hands 
C         G  C  G 
I can't help myself, can’t help myself 
C  Emi  D/F#  C 
No, I can't help myself 

V2: My enemies surround me like an army 
Within without the battles raging on 
I pray the spirit would be strong and mighty 
For courage through the night until the dawn 

Repeat Chorus 

(Oooh Section) 
D  Emi  C  G 
D  Emi  C  G 
D  Emi  C  G 
D  Emi  C  G 
D  Emi  C  G  C  Emi  D/F#  C  C
V3: Oh trust the lord, my soul and all that is in me  
Oh trust the light to show my darkest parts  
With wounds of truth and love, a friend who has known me  
A fool would keep his secrets in his heart  

Repeat Chorus  

Repeat Oooh Section  

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